

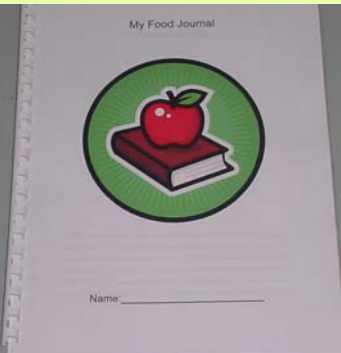
Incorporate healthy eating & physical play into your everyday programming with these new items for sale.



eccdc

early childhood community development centre

MY FOOD JOURNAL



Draw and record the food eaten at each meal time in this daily journal.

FRUIT BASKET UPSET CIRCLE ACTIVITY



Identify an assortment of fruits while playing this game during circle time.

PICNIC SURPRISE MEMORY GAME



Find the matching food cards with this memory game.

ROLL AND EXERCISE PHYSICAL ACTIVITY



Roll the dice to determine which physical activity to perform and how many times.

HEALTHY OR UNHEALTHY FOOD SORTING GAME



Sort the food cards as healthy or unhealthy. This activity is bilingual.

FIND A FRIEND MATCHING GAME



Similar to "Go Fish", ask questions to find a pair of friend pictures. This activity is bilingual.