



## The Learning Exchange: Quick links for Inspiring Professional Growth

Issue 59 • September 2023

Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

### Professional Development

#### Professional Development

##### Virtual

- How Does Learning Happen in a Home-Based Setting? 4-Part Series for Home Child Care Professionals - Part 1: Environments in A Home Child Care Setting - **September 23, 2023** from **9:00 to 10:30am**: [click here](#)

##### In-person

- Tips for Designing and Facilitating an Engaging Parent Evening - **September 21, 2023** from **6:30 to 8:30pm**: [click here](#)
- Makerspace for School Ageds - **September 26, 2023** from **6:30 to 9:00pm**: [click here](#)

### September Highlights

#### ECCDC Celebrates its 30<sup>th</sup> Anniversary!

In celebration of our 30<sup>th</sup> year, you will see a variety of contests, events, and special tokens to help commemorate our Anniversary. Watch your in box and ECCDC's Facebook page for further details.

Thank you to everyone who has been a special part of our journey ... past and present. We are honoured to continue to do this work that so many before us have contributed to and have encouraged.



### Big Brother & Big Sister Month in Canada

- Big Brothers and Big Sisters of Canada website: [click here](#)
- Big Brothers and Big Sisters month: [click here](#)
- Big Brothers and Sister Brother Peel Gala Celebration Be Big Shine Bright: [click here](#)
- Indigenous Mentors: [click here](#)

### Canadian Forest Association Week - 3<sup>rd</sup> week of September

- Celebrate National Forest week: [click here](#)
- Healing Forests Ontario: [click here](#)
- Forest Activities for Kids: [click here](#)
- National Forest Week Fun Booklet: [click here](#)

### National Tree Day - September 20

- National Tree Day: [click here](#)
- Community Tree Grants: [click here](#)
- Trees of Canada: [click here](#)
- Benefits of Trees: [click here](#)
- Trees: Our Natural Allies for Living Longer, Healthier & Happier Lives: [click here](#)
- Tree Experiences for Infant and Toddlers: [click here](#)
- Evergreen Tree activities for Preschoolers: [click here](#)

### International Sign-Language Day - September 23

- UN: [click here](#)
- How to sign International Sign-Language Day: [click here](#)
- Preschool Song with Sign Language: [click here](#)
- CCCF-The Benefits of Sing Language for Preschools: [click here](#)



## National Day for Truth & Reconciliation - September 30

- Government of Canada: [click here](#)
- Bringing Reconciliation to the classroom: [click here](#)
- CBC Kids news -Truth and Reconciliation: [click here](#)
- Educational Resources for Children: [click here](#)
- CBC Kids news-What is Orange Shirt Day: [click here](#)
- Orange Shirt Society: [click here](#)
- Orange Shirt Day activities: [click here](#)
- Becoming a Teacher Ally: [click here](#)

## Early Learning Podcasts, Videos and Websites

- A pediatrician shares his No.1 secret to raising healthy happy kids: [click here](#)
- DCRC blog: The benefits of animals in the classroom: [click here](#)
- Kindness in early childhood education toolkit: [click here](#)
- How to add a regulation station to your classroom: [click here](#)
- Teaching young children to understand consequences: [click here](#)
- STEAM toy assessment framework tool: [click here](#)
- DCRC blog: Social and emotional learning: It matters now, and it will matter forever: [click here](#)
- 23 ways to build and sustain classroom relationships: [click here](#)
- DCRC blog: Impact of resilient leadership: [click here](#)
- STEAM Resources: [click here](#)
- Unlocking the secrets of Montessori Normalization-strategies for supporting children's development and behaviour: [click here](#)

## Diversity and Inclusion

- Why diverse children's books are important tools for teaching kids about themselves and others: [click here](#)
- Cult of Pedagogy - Uncovering your implicit biases: An exercise for teachers: [click here](#)
- How metacognitive strategies can help us manage our undesired racial biases - video: [click here](#)
- New Indigenous child and family centre in London to be a place of healing, regeneration: [click here](#)
- Natural curiosity through an Indigenous lens podcast: [click here](#)
- Indigenous resources: [click here](#)
- Language Liberation in Early Childhood Settings: [click here](#)



## Health, Wellness and Safety

- A 12-minute meditation for finding meaning with ACT in action podcast: [click here](#)
- Teaching young learners self-calming skills: [click here](#)
- Demonstrating self-regulation with tone of voice: [click here](#)
- Mindful Mondays free drop in sessions: [click here](#)
- DCRC blog: Coregulating with children: [click here](#)
- Forest therapy walks aim to relieve stress: [click here](#)
- Healing forest Ontario: [click here](#)
- Lunchtime meditation: [click here](#)
- SickKids releases research on how COVID-19 pandemic impacts child and youth mental, physical health: [click here](#)

## Outdoor Activities & Resources

- Monarch migration in Ontario project (Youtube): [click here](#)
- Tips for Fall Gardening with kids: [click here](#)
- Grounding with Kids: [click here](#)
- Natural Curiosity National E-Course: Integrating Inquiry and Indigenous perspectives in Environmental Sustainability Education (ESE): [click here](#)
- Exploring ponds: [click here](#)
- Nature's Math: Earthworm measuring with kids: [click here](#)
- The Mindful Art of Foraging: [click here](#)

## Back to school

- Bringing joy to the classroom: A back-to-school guide inspired by ECE: [click here](#)
- Powerful, evidence-backed ways to connect with students in the first week of school: [click here](#)
- 4 Montessori principles to begin the school year: [click here](#)
- 4 questions to ponder before school starts: [click here](#)
- Back-to-school anxiety: How to help kids this time of year: [click here](#)
- HiMama Blog: Five tips for putting families at ease on their first day of school: [click here](#)
- 50 Questions to ask kids instead of asking "how was your day": [click here](#)
- We all want a smooth back-to-school transition: Six ideas for increasing effective parent-teacher communication: [click here](#)
- 5 tips for building strong staff morale this back-to-school season: [click here](#)



## Small Business Resources

- Three tips to onboarding child care teachers: [click here](#)
- St. Catharines City launches new 12-month payment plan for property taxes: [click here](#)
- Kindness at work assessment: [click here](#)

## Uplifting Stories

- Ontario supporting local projects to protect the Great Lakes: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.

## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold**.
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem page, the new issue will be released in late summer. [Click here](#) for a catalogue of customized offerings.