

Licensed Child Care Preschool Winter Network Meeting Notes –
February 8, 2023

Welcome and Introductions – Participants introduced themselves and shared a one word focus/goal for 2023 which included

- Team work, Growth, Involvement, Present and Perseverance

Mindfulness Moment –Participants participated in a mindfulness grounding experience. Please see accompanying PowerPoint Presentation for details.

Reflection on Resources –Please see the PowerPoint presentation for further information. Discussion included the following

- Using technology mindfully and meaningfully with children in their programs
- Centres use Youtube to show tours of places within their community and then follow up with a field trip. They find this informs children on what is going to happen and prepares them for the trip as well as creating a sense of excitement and inquiry.
- When we don't know the answers to something we can find them with the children
- We are not the keepers of information. We can show children how to find information and how to use it.

Sharing Photos and Documentation

- Children have been interested in the cold and the snow (or lack there of this year). They engaged in conversations around how animals keep warm outside when it's cold and an experiment was conducted with ice, lard and cold water to see what would happen to their hands if they were covered in blubber as well. Centre used technology to watch videos on polar bears and seals keeping warm.
- Centre had an ice fishing activity indoors with photos of ice fishing huts, buckets, magnets and poles to catch fish. They also made their own snow as there was not any outside.

Round Table Discussions – Brainstorming challenges and solutions, questions and connections

A discussion took place around the following

- Preschool groups sizes. Having 24 children in a room versus 16 and whether to split them into smaller groups and how that works in other programs.

QCCN Update – Please see the PowerPoint presentation for further information

How can the ECCDC Support you? Please see PowerPoint presentation for further information

Upcoming Next Steps and Network Meetings

- Discussion on meeting topics included: Outdoor Play resources and spaces
- Please refer to ESTEEM for next meeting date, time and venue