



early childhood community development centre

---

## Oatmeal Pancakes

---

*Ingredients - makes 12 small pancakes*

- 1-½ cups dry oats
- 2 cups skim milk
- 1 cup flour
- 2 teaspoon white sugar
- 1 teaspoon salt
- 2-½ teaspoon baking powder
- 2 eggs
- 1/3 cup canola oil

*Directions*

1. In a large bowl, mix oatmeal and milk together. Let oatmeal and milk sit a few minutes, then add eggs and oil to the mixture.
2. In a separate bowl, mix flour, sugar, salt and baking powder together. Once combined, add dry ingredients into wet oatmeal mixture and stir.
3. Fry pancakes in a hot, non-stick skillet.
4. Top with berries, sliced bananas, or fruit-flavoured yogurt

For more great day care recipes, visit [www.eccdc.org](http://www.eccdc.org)

---