



early childhood community development centre

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# Peach Cobbler

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*Ingredients - makes 6 servings*

*Filling*

- 1 can 28 oz sliced peaches, drained, reserving ½ cup juice
- 2 tbsp granulated sugar
- 2 tsp cornstarch
- 1 tsp lemon juice

*Topping*

- 1 cup biscuit baking mix
- 1/8 tsp nutmeg
- 1/3 cup milk

*Directions*

*Filling:*

1. Place peaches in prepared baking dish
2. In a bowl combine sugar, and cornstarch, whisk in reserved peach juice
3. Stir in lemon juice
4. Pour mixture over peaches, set aside

*Topping:*

1. In a medium bowl, combine baking mix and nutmeg, stir in milk to form a sticky dough
2. Drop dough by the tablespoon on top of peach mixture (not all of the filling will be covered)
3. Bake in preheated oven for 40 to 45 minutes or until crust is lightly browned

Source: Source: Dietitians of Canada: Great Food Fast By: Bev Callaghan, RD, and Lynn Roblin, RD  
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