



early childhood community development centre

Spinach Squares

Ingredients - makes 5 dozen cookies

- 3 eggs
- 1 cup flour (regular or whole wheat)
- 1 cup milk
- 2 cups shredded cheddar cheese
- 4 cups chopped raw spinach

Directions

Mix all ingredients. Pour into 9" x 13" pan. Bake at 350oF for 20-25 mins until lightly golden. Cut into square and serve hot or cold.

Source: The picky Eater by Sharon McKay

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