

Cook's Network Meeting
Monday, April 26, 2010
2:30pm to 4:30pm
Meeting Minutes

Meeting Highlights:

- ▣ Recipes for Cook Book
- ▣ Updates & Sharing Opportunity

Information, Ideas and Tips Shared:

- ▣ Opening exercise to assist in everyone get involved in the discussions
- ▣ Additional recipes submitted for cookbook collection
- ▣ Cooks present brought samples of their favourite dish to share
- ▣ Discussion about Child Care Cook's Symposium 2010 – Brantford June 4th Flyer has been sent out to all child care centres
- ▣ Cook's that attended last year are eager to attend – must register self. Cook's that are attending would like to share transportation
- ▣ One question that came up for discussion was **Why is Jello no longer allowed to be served in child care centres?** Can it be served occasionally? There were a variety of responses but ECCDC will check with Region Public Health Nutritionist for a response.
- ▣ Menu planning, rotation of menus discussed – participants shared shortcuts and techniques
- ▣ Discussion about the network group and meetings to be held twice a year rather than three times.
- ▣ Each participant was asked to bring one other cook with them to the next meeting in the fall to increase participation

Resources Available ECCDC:

- ▣ Listing of resources available related to other new resource books that have be added to the Cooking section of our library
- ▣ Two new play-based learning kits will be ready soon – one on Restaurant and one on Baking. You could encourage staff in your centre to obtain the kits when ready for their group of children.

Work produced, actions taken or decisions reached:

- ▣ Cooks Symposium June 4th Brantford
- ▣ Continued work on cook book
- ▣ Resource listing distributed and display reviewed
- ▣ Response from Nutritionist needed related to Jello in child care centres
- ▣ Participants to bring one other cook next meeting

Resources required for next meeting:

- ▣ Follow-up with attendees at the Brantford Cooks Symposium
- ▣ Discussion item role of cooks and their responsibilities
- ▣ Response from Nutritionist – re Jello in child care centres
- ▣ Display & Resource Listing
- ▣ Bring 3 of your favourite recipes for cook book
- ▣ Next Meeting date: **Monday, October 18, 2010 from 2:30pm to 4:30pm at the ECCDC**