

# The Exponential Power of Recognition: Love Your Job & Reject Burnout!

*with* Internationally Recognized Speaker Sarah McVanel



## About this session

What would you do if you had a tool that cost virtually nothing, takes almost no time, and is guaranteed to boost your job satisfaction and reduce burnout? And what if I told you you've used it, know about it, and even like it? In this session you will get purposeful about leveraging one of the most effective approaches to boosting job satisfaction, healthy team relationships, and celebration of what's working in your workplace – recognition – through Forever Recognizing Others' Greatness™ (F.R.O.G.).

## Additional Resources to Support this Topic

Two books by Sarah McVanel & Brenda Zalter-Minden:

- Forever Recognize Others' Greatness: Solution Focused Strategies for Satisfied Staff, High-Performing Teams, and Healthy Bottom Lines
- The FROG Effect Workbook: Tools and Strategies for Forever Recognize Others' Greatness



## About Sarah McVanel

Sarah McVanel offers the business evidence to back up how recognizing greatness in ourselves and others is key to sustained business success through improved morale, increased top talent retention, and generating a positive corporate culture. Sarah has put her psychology undergrad and MSc in family therapy/dynamics to good use and has excelled the field of Organizational Development, Training and Communications for over 15 years.

## Registration Information

Wednesday March 23, 2022 • 6:30 to 8:30pm • Offered Via Webinar (link will be sent after registration)  
No Cost for Niagara Administrators/Educators • \$15 for Outside Niagara Administrators/Educators  
To register, call 905.646.7311 ext. 304, email [eccdc@eccdc.org](mailto:eccdc@eccdc.org), or visit [www.eccdc.org](http://www.eccdc.org)

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