



## The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 18

Engage in webinars and access new resources, websites and other virtual learning to support your ongoing journey and well-being.

### Resources for Information on Covid-19

- Niagara Parents – Parenting Support during COVID-19: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)

### Online Webinars and Training for Educators and Administrators

- Discover Canada’s Native Bees (French) – **July 21, 2020 from 12:00pm to 1:00pm**: [click here](#)
- Executive Function and Challenging Behavior: A New Approach – **September 30, 2020 at 2:00pm**: [click here](#)
- Unpacking the Pyramid Model: A Practical Guide to Social Emotional Learning – **October 1, 2020 at 2:00pm**: [click here](#)
- From Surviving to Thriving – Thinking Outside the Box **(Recorded)**: [click here](#)
- Nature’s Role in Supporting Resilience during Times of Adversity **(Recorded)**: [click here](#)

### Online Podcasts and Videos

- Pathstone TV – Challenging Your Thinking: [click here](#)
- Harvard Business Review – After Hours Predictions for the New Normal Podcast: [click here](#)
- NPR Life Kit Podcast: [click here](#)
- It’s Been a Minute with Sam Sanders Podcast: [click here](#)

### Diversity and Inclusion Resources

- Childcare Resource and Research Unit (CRRU) When a Pandemic Hits, Working Moms Pay the Price: [click here](#)
- Use Your Social Network as a Tool for Social Justice: [click here](#)
- Nature Needs Everyone and Everyone Needs Nature: [click here](#)
- An age-by-age guide on How to Talk about Difficult Topics with your Children: [click here](#)



## Small Business Resources and Remote Office Environments

- From Surviving to Thriving – The Future of Early Childhood Education: [click here](#)
- Early Years TV – Key to Leadership: [click here](#)
- How To Prepare Your Business For A Hybrid Workforce: [click here](#)
- How to Set Up Your Workplace for Remote and Hybrid Employees: [click here](#)
- Different Remote Setups: Hybrid, Split, or Fully Remote Team: [click here](#)

## Early Learning Websites

- Families Canada COVID-19 Blog: [click here](#)
- Impacts of COVID-19 on Canadian families and children: [click here](#)
- HiMama COVID-19 Blog: [click here](#)

## Health and Wellness

- Designing School Grounds to Support Children’s Mental Health: Examples from Around the World **(Recorded)**: [click here](#)
- What Would Nature Do? [click here](#)
- Helping Children Cope with Stress during COVID-19: [click here](#)
- Caring for Kids: [click here](#)
- Active for Life: [click here](#)

## Resources for Working With Children of All Ages

- Brock University Camps at Home: [click here](#)
- What Happens When Kids Don’t See Their Peers for Months: [click here](#)
- Worried About Your Kids’ Social Skills Post-Lockdown? [click here](#)
- Obstacle Course Ideas : [click here](#)
- 6 Brookes Authors Offer Tips on Keeping Parents Engaged This Fall (Whether School Buildings Open or Not): [click here](#)
- 10 Tips on Becoming a More Effective Pre-K–6 Teacher: [click here](#)
- Country Reports – Culture, Travel, and Countries: [click here](#)
- 3 Weeks of Maker Station: [click here](#)
- Carmen Sandiego Stories and Resources: [click here](#)



## Outdoor Activities

- Canadian Wildlife Federation – Marine Animal Response & Necropsy – **July 20, 2020 from 12:00pm to 1:00pm:** [click here](#)
- Rusty's Backyard – Playful Plants: [click here](#)
- Recreate Responsibly: [click here](#)
- 60 Summer Outdoor Activities for Kids: [click here](#)
- 12 ingredients for creating the ultimate mud kitchen: [click here](#)
- Go Bug Hunting With Kids: [click here](#)
- Rainy Day Outside Activities: [click here](#)

## Cultural and Entertainment Opportunities

- Space Café WebTalk - "33 minutes with Salem Al Marri" – **July 28, 2020 from 10:00am:** [click here](#)
- 14 Free Virtual Summer Camps Your Kids Will Love: [click here](#)
- Toronto Dance Salsa: [click here](#)

## Uplifting Story of the Week

- Good News Stories From Around the World That Will Brighten Your Day: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

## For Further Information Regarding Early Childhood Community Development Centre's Services During Covid-19

- [click here](#)
- **Free Resource Highlight**
  - Play Ideas: [click here](#)