



## The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 28

Explore your personal professional learning goals through a variety of webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

### Online Webinars and Training for Educators and Administrators

- Créer des milieux scolaires et communautaires où règnent la sécurité, la force et la liberté  
**Tuesday November 10, 2020 from 4:00 to 5:15 pm: [click here](#)**
- Supporting Early Childhood Inclusion through Professional Collaboration: Two Heads are Better than One!  
**Wednesday November 11, 2020 from 2:00 to 3:00 pm EST: [click here](#)**
- Big Ideas for Teaching Financial Literacy! **Thursday November 12, 2020 from 4:00 to 5:00 pm: [click here](#)**
- From Classroom to Zoom: How Early Childhood Special Educators Can Support Families Virtually: [click here](#)
- Natural Curiosity in the New Normal **Thursday November 12, 2020 from 7:00 to 8:30 pm EST: [click here](#)**
- Respect in the Workplace part of the Better Business Practice Series – **November 12, 2020 from 9:00 am to 12:00 pm: [click here](#)**
- Tinkering with Metal – **November 18, 2020 from 6:30 to 8:00 pm: [click here](#)**
- Trauma-Informed Care - Building a Culture of Strength – **November 28, 2020 from 9:00 am to 4:00 pm: [click here](#)**
- Tinkering with Wood – **December 9, 2020 from 6:30 to 8:00 pm: [click here](#)**
- A Stronger, More Ambitious Future for Child Care **Wednesday December 16, 2020 from 2:00 to 3:30 pm EST: [click here](#)**

### Resources for Information on Covid-19

- Public Health Ontario: [click here](#)
- Getting Teaching Staff Ready to Reopen During COVID-19: [click here](#)
- 4 Ways to Prevent a COVID-flu “Twindemic” in Your Workplace: [click here](#)
- Flexible Volunteering Safely From Home - Feeling the isolating impacts of COVID-19? Want to make a positive change? Make social (non-crisis) calls to clients in the GTA! [Visit the website](#) (Distress Centres of Greater Toronto) to apply.
- COVID-19 Reopening Parent Survey Template: [click here](#)



## Resources for Winter Play

- 50 Outdoor Things to do With Your Kids this Winter: [click here](#)
- The Benefits of Outdoor Winter Play: [click here](#)
- Why it's important for children to play outside in winter: [click here](#)
- Why Outdoor Play is Beneficial for Children: [click here](#)
- 5 Reasons Kids Should Play Outside in the Winter: [click here](#)

## Online Podcasts and Videos & Early Learning Websites

- Guide to Great Leadership in Early Childhood Education: [click here](#)
- The shocking secret to telling brief and brilliant true stories during job interviews: [click here](#)
- 10 Parent Communication Strategies in Child Care: [click here](#)

## Diversity and Inclusion Resources

- The Small Nonprofit Podcast: Sharing the responsibility for decolonization with Tim Fox, Vice President of Indigenous Relations and Racial Equity at Calgary Foundation: [click here](#)
- Resilience and Racial Equity **November 10, 2020 at 2:00 pm**: [click here](#)

## Small Business Resources and Remote Office Environments

- Digital Wellness for Nonprofit Professionals Webinar with Meico Marquette Whitlock - **November 10, 2020 at 11 am PT/2 pm ET**: [click here](#)
- Master the Virtual Conference Room: Captivating Adult Learners Remotely **Wednesday November 18, 2020 from 2:00 to 3:30 pm EST**: [click here](#)
- Updates on federal supports for charities and nonprofits: [click here](#)
- Rethinking the Customer Experience in the Video Age: 6 Tips for Small Businesses: [click here](#)
- Managing virtually in a pandemic: 10 good ideas: [click here](#)
- 5 tips to create an engaging virtual meeting: [click here](#)
- Employee Engagement Surveys – Employee Experience is the Pulse: [click here](#)

## Health and Wellness

- Supporting employees' mental health during COVID-19: [click here](#)
- Devereux Centre for Resilient Children - Put Yourself in Time-Out: [click here](#)
- Devereux Centre for Resilient Children - Make Time for Pretend Play: [click here](#)



## Outdoor Activities & Resources

- Take it Outdoors! Covid Nature Risky Play: [click here](#)
- Outdoor Nature Play 19: [click here](#)

## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold**.
- We have moved our office location and are open Tuesday, Wednesday, and Thursday from 9:00 am to 9:00 pm and Friday and Saturday from 9:00 am to 4:30 pm to support your needs.
- We offer a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** of items including Personal Protective Equipment: [click here](#)
- We support early learning programs with organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- We offer professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions.

## Uplifting Story of the Week

- At This Farm, Children With Special Needs Connect With Injured Animals to Form Healing Friendships: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.