



## The Learning Exchange: Quick links for Inspiring Professional Growth

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Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

### Professional Development

#### Virtual

- Reconceptualizing Early Learning Materials & Environments Post Pandemic Series Part 4: Revisiting Documentation and Conversations with Children (webinar) - **April 4, 2023** from **6:30 to 8:00 p.m.:** [click here](#)
- Managing Difficult Phone Calls (webinar) - **April 5, 2023** from **9:30 to 11:30 a.m.:** [click here](#)
- Inspiring New Ideas for Connecting Children to Nature Series Session 1: Risky Play Benefits and Using Tools (webinar) - **April 6, 2023** from **6:30 to 8:00 p.m.:** [click here](#)
- Body and Mind for the Stressed-Out Educator (webinar) - **April 20, 2023** from **6:30 to 8:30 p.m.:** [click here](#)
- The Healthy, Happy and Mindful Educator Series Session 4: Medication, Mindfulness and Peace (webinar) - **April 27, 2023** from **6:30 to 8:30 p.m.:** [click here](#)

#### In-person

- FLIP IT: Supporting the Social and Emotional Development of Young Children and Reducing Challenging Behaviour - **April 1, 2023** from **8:30 a.m. to 4:30 p.m.:** [click here](#)
- Reflecting on Our Daily Practice of Communication, Diversity & Engagement Series Session 1: Concepts Rooted in Early Learning - **April 11, 2023** from **6:30 to 8:00 p.m.:** [click here](#)
- Sharing Ideas to Connect Children to Nature within a Naturalized Playground in the Spring - **April 29, 2023** from **10:00 to 11:30 a.m.:** [click here](#)



## April Highlights

### Sikh Heritage Month

- Government of Canada: [click here](#)
- Introduction to Sikh Culture: [click here](#)
- Events across Canada: [click here](#)
- Events in Brampton: [click here](#)

### International Dandelion Day April 5

- All about Dandelion Day - National Today: [click here](#)
- Muddy faces - Inspiration Dandelions: [click here](#)
- Dandelion Activities For Kids: [click here](#)

### International Day of Pink April 12

- All About International Day of Pink: [click here](#)
- Wikipedia: [click here](#)
- Government of Canada: [click here](#)
- Let's Talk About Courage: [click here](#)
- 8 Tips for Teachers: [click here](#)
- Day of Pink Activities: [click here](#)

### Look at the Sky Day April 14

- Overview: [click here](#)
- Activities: [click here](#)
- Cloud Watching Activities: [click here](#)
- Finding Animal Cloud Shapes with Kids: [click here](#)
- All About Clouds (YouTube): [click here](#)
- Decoding Clouds: [click here](#)
- Katie and the Starry Night Audio Story (YouTube): [click here](#)



## Earth Day April 22

- Resources for Earth Day (Outdoor Learning Webinar): [click here](#)
- Earth Day Facts for Kids - Learn How Earth Day Stops Pollution (YouTube): [click here](#)
- National Superhero Day - What it is and how to Celebrate it: [click here](#)
- The Outdoor Learning Store (Free Earth Day Webinar): [click here](#)

## Holocaust Remembrance Day April 27-28

- Government of Canada: [click here](#)

## Early Learning Podcasts, Videos and Websites

- Active for Life Podcast - Dr. Mariana Brussoni on the Value of Risky Play: [click here](#)
- The Coolest Children's Museums in Canada: [click here](#)
- Toddler Biting - Finding the Right Response: [click here](#)
- The Powerful Pedagogy with Dr. Diane Kashin - Cultivating a Culture of Friendship Podcast: [click here](#)
- Deveraux Center for Resilient Children - 7 Ideas for Building Relationships with Children and Families: [click here](#)
- Spring STEM Activities: [click here](#)
- Quality Early Childhood Education and Care in a Time of COVID-19 (research paper): [click here](#)
- 2023 AECEO Provincial Conference: [click here](#)

## Diversity and Inclusion

- Early Childhood Administrators' Perspectives about Preschool Inclusion - A Qualitative Interview Study: [click here](#)
- Head Start Early Childhood Learning & Knowledge Center- Environments that Support High Quality Inclusion: [click here](#)
- The Conversation - Inclusive Child Care Must Support Children with Disabilities: [click here](#)
- Child and Nature Alliance - Supporting Children with Disabilities and Exceptionalities Outdoors: [click here](#)
- Children with Special Needs - The Power of Imagination: [click here](#)
- What is Dysgraphia? Tools & Resources: [click here](#)
- Creating Environments That Include Children's Home Language and Cultures: [click here](#)
- Teaching Diversity and Inclusion Through Play - Diversify the Playroom: [click here](#)
- Ontario Aboriginal Head Start Association: [click here for website](#)/[click here for video](#)
- Being an Effective Ally to Indigenous Communities (YouTube): [click here](#)



## Health, Wellness and Safety

- Coronavirus Disease (COVID-19) Updates for Canada: [click here](#)
- Public Health Ontario - COVID-19 Communication Resources: [click here](#)
- COVID-19 Resources Ontario: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)
- College of Early Childhood Educators COVID-19 Updates: [click here](#)
- Roots of Empathy – COVID-19 Resources: [click here](#)
- 5-minute Self-compassion Break: [click here](#)
- Nalanda Institute Lunchtime Meditation (online - Monday through Friday, from 1:00 to 1:45 pm ET/10:00 to 10:45 am PT): [click here](#)
- Childhood Resilience: The Dos and Don'ts of Trauma-informed Care: [click here](#)
- The Science of Wonder: [click here](#)
- Workplace Mental Health (YouTube): [click here](#)
- Wellness & Well-being Are Not the Same Thing: [click here](#)
- Climate Change and Youth Mental Health - What Can We Do: [click here](#)

## Outdoor Activities & Resources

- Active Nature - 39 Ways to Play Outside in Spring: [click here](#)
- The Buzz - Top 5 Tools & Resources for Spring: [click here](#)
- 30 Nature Activities for Kids Celebrating 30 Days Wild (Sun Hats & Wellie Boots): [click here](#)
- Canada Wildlife Federation - Resources for Educators: [click here](#)
- A guide to Celebrate Niagara Peninsula Native Plants: [click here](#)
- Outdoor Activities for Toddlers (YouTube): [click here](#)
- How to Make a DIY Mud Kitchen: [click here](#)
- A Crack in the Pavement - Growing Dreams Video: [click here](#)
- 1000 Hours Outside: [click here](#)
- Why Nature: [click here](#)
- Why Some Doctors are Prescribing Nature: [click here](#)



## Numeracy Resources

- Children and Nature Alliance Canada - Ways to Invite Learning Numeracy Outside: [click here](#)
- Creative Star Learning - Maths Outdoors: [click here](#)
- Teach Early Years - Maths Outdoors: [click here](#)
- Zero to Three - Help your Child Develop Math Skills: [click here](#)
- Pinterest - Reggio Inspired Math Activities: [click here](#)
- Reggio Inspired Math Provocations: [click here](#)
- How to Encourage Math Learning During the Early Years: [click here](#)
- NAEYC Position Statement - Early Childhood Mathematics Good Beginnings: [click here](#)
- NAEYC - Math Learning - and a Touch of Science - in the Outdoor World: [click here](#)

## Small Business Resources

- Funding to Address Canada's Digital Divide: [click here](#)
- Resisting a Rest: How Urgency Culture Polices our Work: [click here](#)
- Niagara State of the Region 2023 Tickets: [click here](#)
- How to Recession Proof your Daycare Business: [click here](#)
- Child Care Rock Star - How to Win the Hiring War - Real Talk About Staff Compensation: [click here](#)

## Uplifting Stories

- The 2022 TD Ready Challenge awards \$10 million to 10 Canadian and American organizations focused on addressing the challenges of climate change: [click here](#)
- Be Inspired - Meet the Man Who Created a Theme Park for People with Special Needs: [click here](#)
- Indigenous Bookshop in Fort Erie Hoping to Create Community Space: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.



early childhood community development centre



## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold**.
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem catalogue. [Click here](#) for a catalogue of customized offerings.