



The Learning Exchange: Quick links for Inspiring Professional Growth

Issue 60 • October 2023

Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

Professional Development

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Virtual

- Growing a Culture of Inquiry Through Teacher Research **Tuesday October 3, 2023** from **6:30 to 8:00pm**: [click here](#)
- Collaborative Leadership: Becoming the Leader Everyone Wants to Follow Series: Session One - Inspiring Excellence: Cultivating Growth and Engagement Through a Culture of Mentorship **Wednesday October 11, 2023** from **9:30 to 11:30am**: [click here](#)
- Social Justice and Advocacy in Early Learning **Thursday October 12, 2023** from **6:30 to 8:30pm**: [click here](#)
- Re-examining HDLH? Through a New Lens: Session 2 - Educators as Co-learners & the Environment as the Third Teacher **Tuesday October 17, 2023** from **6:30 to 8:30pm**: [click here](#)
- Get Ready for ONCA: Bring Your Own Bylaws **Thursday October 19, 2023** from **9:30am to 2:30pm**: [click here](#)
- Nurturing Brilliant Minds, A Professional Learning Series for Educators of Infants and Toddlers: Session 1 - Rethinking Your Infant and Toddler Environment **Thursday October 19, 2023** from **6:30 to 8:00pm**: [click here](#)
- Diversity, Equity, and Inclusion: How to Build a Thriving Workplace for Everyone **Wednesday October 25, 2023** from **9:00am to 12:00pm**: [click here](#)
- Becoming Rainbow Food Explorers: A Joyful, Sensory Approach to Food Education in the Early Years, 3-part Series – Session One **Thursday October 26, 2023** from **6:30 to 8:00pm**: [click here](#)



In-person & Via Livestream

- Fundamentals of Building a Strong Collective Team: A New 3-Part Series: Part 1 Fundamentals of Team Building **Wednesday October 18, 2023** from **2:30 to 4:30pm**: [click here](#)
- Making the Most of Shared Spaces in Your School Age Program Series: Session 1 - Utilizing Shared Spaces **Tuesday October 24, 2023** from **6:30 to 9:00pm**: [click here](#)

October Highlights

ECCDC 30th Anniversary

- Beginning October 1, the 30th person to borrow resources in person each month will receive a Loose Parts Kit valued at \$30
- Beginning October 1, the first 30 resource delivery requests will receive a Staff Snack Bag of Treats
- The 30th training registration each month will receive a Training Gift Certificate valued at \$30
- The first person to register for our 30th training session of the year will receive an Art Pack valued at \$30

National Families Week – 1st week of October

- About National Families Week: [click here](#)

Community Health & Wellbeing Week – 2nd week of October

- Alliance for Healthier Communities: [click here](#)
- Alliance for Healthier Communities Training: [click here](#)
- Module of Wholistic Wellbeing: [click here](#)
- Module of Health and Wellbeing: [click here](#)

Ontario Library Week – 3rd week of October

- Promotional Materials: [click here](#)

Waste Reduction Week – 4th week of October

- Circular Economy Public Awareness Campaign (Youtube): [click here](#)
- What is a Circular Economy (Youtube): [click here](#)
- UN World Food Program: Food Waste, Global Hunger & You (Youtube): [click here](#)
- Canadians Get Creative in Solving Food Waste (Youtube): [click here](#)



Two-Eyed Seeing on the Humber: Explore the Salmon Runs – October 1

- Free event at West Lions Park Toronto: [click here](#)

World Vegetarian Day – October 1

- North American Vegetarian Society: [click here](#)
- All About World Vegetarian Day: [click here](#)
- Research Suggests the Best Thing You Can Do for the Earth is Avoid Meat & Dairy: [click here](#)
- Canada Food Guide Considerations for Vegetarian Diets: [click here](#)
- Canada Food Guide - Eat Vegetables and Fruits: [click here](#)
- 100 Vegetarian Meals that Kids Will Get Excited About: [click here](#)
- Unlock Food Canada - Raising Healthy Vegetarian Children: [click here](#)
- U of G's Child Care & Learning Centre Reduces Footprint Through Plant Based Menu: [click here](#)

Thanksgiving – October 9

- Reggio Inspired Thanksgiving Feast: [click here](#)
- Thanksgiving Books for Toddlers: [click here](#)
- Reggio-Inspired Invitations to Explore Gratitude Through Art: [click here](#)

World Food Day – October 16

- What is World Food Day: [click here](#)
- Rosita Learns About World Food Day (Youtube): [click here](#)
- Recognizing World Food Day with Children: [click here](#)
- Ideas for World Food Day: [click here](#)
- 5 Ways to Celebrate World Food Day in Your Classroom: [click here](#)
- We Can All Become Food Heroes (Youtube): [click here](#)

Child Care Worker and Early Childhood Educator Appreciation Day – October 17

- Ontario Coalition for Better Child Care: [click here](#)
- First Nations Early Learning Collaboration Website: [click here](#)
- City of Windsor: [click here](#)
- Tips to Recognize & Celebrate CC&ECE Appreciation Day: [click here](#)
- Bringing Reconciliation to the Classroom: [click here](#)



Take Me Outside Day – October 18

- Take Me Outside Day: [click here](#)
- What is Take Me Outside Day (Youtube): [click here](#)
- Take Me Outside - Mosaic Art: [click here](#)

Halloween – October 31

- Halloween Food Recipes: [click here](#)
- All About Bats: [click here](#)
- Reggio Inspired Halloween Activities for Preschoolers: [click here](#)
- Halloween Provocations: [click here](#)
- Make a Broomstick: [click here](#)
- String Spider Webs: [click here](#)

Early Learning Podcasts, Videos and Websites

- Boost Your Students' Brain Development - Cross-Lateral Exercises for Children: [click here](#)
- Building Strong Bonds with a Morning Ritual Using a Zones of Regulation Check-In: [click here](#)
- Transform Your Classroom and Homeschool with Montessori Peace Corner: A Proven Solution for Conflict Resolution: [click here](#)
- How You Help Children Go to Sleep is Related to Their Behavioural Development: [click here](#)
- Creating Effective & Efficient Breaks for Students During the School Day: [click here](#)
- 7 Games to Support Visual Tracking: [click here](#)
- What is Physical Literacy: [click here](#)
- Physical Literacy Checklists: [click here](#)
- Learning from Children and the Natural World (podcast): [click here](#)



Diversity and Inclusion

- 4 Seasons Indigenous Learning Course: [click here](#)
- Diverse Classrooms, Diverse Teachers: Representing Cultural Diversity in the Teaching Profession and Implications for Pre-Service Admissions (Paper) [click here](#)
- Black Lives Matter at School: Early Childhood Edition (Recorded webinar): [click here](#)
- The Role of Place: [click here](#)
- Anti-Bias Lessons Help Preschoolers Hold Up a Mirror to Diversity: [click here](#)
- Why Diverse Children’s Books are Important Tools for Teaching Kids About Themselves and Others: [click here](#)
- Uncovering Your Implicit Biases: An Exercise for Teachers: [click here](#)
- How Metacognitive Strategies Can Help us Manage our Undesired Racial Biases (video): [click here](#)

Health, Wellness and Safety

- Zones Check-in Ideas for your Classroom: [click here](#)
- Land-based Wellness Practices: [click here](#)
- The Ultimate Guide to Mindfulness for Sleep: [click here](#)
- The Power of Humility: Breaking Confirmation Bias for Deeper Connections, Compassion, and Learning: [click here](#)
- The Benefits of Going Barefoot: [click here](#)
- Psychologically Safe Team Assessment: [click here](#)
- Guided Meditation: Notice How Sadness, Loneliness, and Anger Show Up in Your Body: [click here](#)
- I Am Struggling With My Work-Life Balance - We Hear You: [click here](#)

Outdoor Activities & Resources

- Fall Hanging Mobile: [click here](#)
- Natural Frames: [click here](#)
- Autumn Inspirations: [click here](#)
- Apple Inspirations: [click here](#)
- Are Playgrounds Too Safe? Introducing Loose Parts Play: [click here](#)
- Nature Play Day Resource Packets: [click here](#)
- Wild About Nature: Colour Wheel: [click here](#)
- The Soothing Nature of Scribbles: [click here](#)



Supporting Math in Early Learning & Child Care

- Article - Learning Trajectories in Early Mathematics – Sequences of Acquisition and Teaching: [click here](#)
- Children’s Learning Through Numeracy: [click here](#)
- Developing Number Sense and Strategies to Teach Numeracy in Early Childhood: [click here](#)
- Montessori Math Materials & Activities: [click here](#)
- 5 Easy Fine Motor Math Activities with Hole-Punched Leaves: [click here](#)
- Mathematical Affordances of Materials: Geoboards Two Ways: [click here](#)
- Worksheets Don’t Work - Try Reggio-Inspired Mathematics: [click here](#)
- Reggio Inspired Math Learning (Youtube): [click here](#)
- Building a Natural Preschool Math Center: [click here](#)
- Reggio Inspired Counting: [click here](#)
- Reggio Inspired Mathematics Inquiry: [click here](#)
- Patterning: [click here](#)
- 25 Math Activities Using Natural Materials: [click here](#)
- Learning the Language of Nature: Young Children as Mathematical Thinkers: [click here](#)
- Math Talk with Infants & Toddlers: [click here](#)
- Make a 1 sq m Math Set: [click here](#)
- Pebble Creature Math: [click here](#)

Small Business Resources

- New research shows Canadian small business owners need additional support to effectively prevent, recover from cyber attacks: [click here](#)
- Canadian Council for Aboriginal Business Entrepreneurship Grant 2023: [click here](#)

Uplifting Stories

- Niagara-on-the-Lake Relaunches Discretionary Grant Program: [click here](#)
- Niagara Falls ranked world’s second most popular bucket-list travel destination: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.



Want to Know More about ECCDC Services?

- Check us out online at www.eccdc.org or in person at **3550 Schmon Parkway, Thorold.**
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning, and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem page, the new issue will be released in late summer. [Click here](#) for a catalogue of customized offerings.