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## Niagara New to Early Learning Fall 2023 Network

### Agenda

- Welcome and Introductions
- Mindfulness & wellbeing
- Reflection on Resources
- Sharing Resources, Photos & Documentation
- Round Table conversations-Brainstorming, Questions and Connections
- QCCN update
- Resources Available
- Next Steps



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## Welcome and Introductions

- We invite participants to say good afternoon and share a how you are supporting your mindfulness and incorporating mindfulness in your program.



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### Mindfulness Activity



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### Reflection on Resources

Keeping Your CPL Portfolio Cycle on Track  
<https://cece-talk.ca/2018/05/keeping-your-cpl-portfolio-cycle-on-track>

Documenting your Continuous Professional Learning  
<https://cece-talk.ca/2018/07/cpl-documentation/>

Advise for new Educators  
<https://www.naeyc.org/resources/pubs/tyc/aug2016/advice-new-teachers>



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### Sharing Resources Photos & Documentation

- Please feel free to share your centres of Fall happenings.



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### Round Table Discussion

- Brainstorming Challenges and Ideas
- Questions & Connections



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### QCCN Update

- QCCN Website
- For further information, suggestions on future Conversation Café topics and support implementing QCCN Tools and Resources, please contact Priyanka Tan, Quality Child Care Niagara Coordinator, at [ptan@eccdc.org](mailto:ptan@eccdc.org) or 905-646-7311 ext. 306



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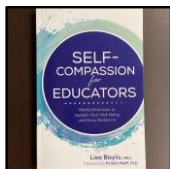
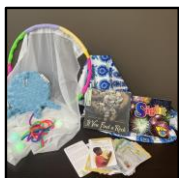
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### ECCDC resources

Taking Care of Myself:  
Resources to Support  
Mindfulness for Young  
Children



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### Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold.**
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance?
- Please feel free to visit <https://eccdc.org/estore> for updates or contact [eccdc@eccdc.org](mailto:eccdc@eccdc.org) or 905-646-7311 x304 to place orders directly with our Resource Staff Team.
- Our organization supports early learning programs with organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions.



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### Next Steps

- What would the network like for next steps?

#### • Next meetings

- January 22, 2023 – Virtual



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