

School-aged Educator Winter Community of Practice Meeting Notes

22nd of February 2024

Agenda-Check-in. Nothing added.

Welcomes and introductions

-Participants introduced themselves, shared their program and what they are looking forward to, which included being able to get out and explore nature.

Mindfulness Moment

- Participants engaged in a Mindfulness activity. Please attached PowerPoint (PPT)

-And shared how they felt after engaging in mindfulness experiences and how they personally use mindfulness as well as with the children.

Reflection on resources-CCCF Trauma inform practice article was reviewed <https://cccf-fcsge.ca/ece-resources/topics/challenging-child-behaviours-stress/building-resilience-child-trauma-informed/> and the video **Responding to Trauma-Related Behaviours in Early Childhood Settings** from the Center for Early Childhood Education at Eastern Connecticut State University was viewed <https://www.youtube.com/watch?v=Z-bJ0WEiQN8>

- Participants shared their thoughts.
- The resources highlighted the import role that educators play in supporting all children and how trauma informed practices support all children. Please review the website and video for strategies.
- Trauma Informed resources available for loan from the ECCDC lending library were shared- please see the PPT for details.
- Links to additional resources were also shared- please see the PPT.
- Alberta Family Wellness Trust 'Brain Story' certification in free <https://www.albertafamilywellness.org/training-2>

QCCN Update-applicable only if working with Infants, Toddlers or Preschoolers

- Please see PPT.

Round Table Discussions-Braining storming ideas, and questions and connections

- Participants celebrated successes within their school-aged programs, which included setting up the environment to spark the curiosity and interests of the older children, sharing a joke of the day, and developing relationships through communication.
- Conversations took place around being a lone educator in a room, feeling comfortable around asking for support, taking time to debrief, and making time for conversations with colleagues.

Sharing photos and documentation of Winter happenings -No photos or documentation was shared.

ECCDC Services

- lending library delivery service was highlighted. Please see the PPT for all ECCDC resources.

ECCDC Resources

- New school-aged resources were shared. Please see PPT

2024 Workplan

- Participants would like to visit other programs for the Spring network.
- Participants shared that either 1-2.30pm or 6.30 to 8.00pm are good times for them to attend the meetings.
- Suggestions for potential discussion topics included using the Gearing-Up, and On Our Way documents. Please send any other thoughts on discussion topics to Ginette gwilson@eccdc.org

Next Steps

- Notes from this meeting will be posted on ECCDC website <https://www.eccdc.org/professional-learning/networks/school-age-network>
- Look in your inbox for the venue for the Spring meeting taking place on the 13th of May.