



## The Learning Exchange: Quick links for Inspiring Professional Growth

Issue 58 • Summer 2023

Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

### Professional Development

Professional development is taking a break for the summer. The 2023-2024 ESTEEM professional development offerings will be advertised later in the summer. Please keep an eye on your emails over the summer for the 2023-2024 ESTEEM or [click here](#) to visit the esteem page on our website.

### July Highlights

#### National Blueberry Month

- Blueberry activities for kids: [click here](#)
- 10 fun facts about blueberries: [click here](#)
- 10 free resources for exploring blueberries with kids: [click here](#)
- Blueberry activities, books, and recipes: [click here](#)

#### National Picnic Month

- 60 Kid-Friendly Picnic Food Ideas: [click here](#)
- Celebrating National Picnic Month: [click here](#)
- DIY Ice Packs: [click here](#)

#### Teddy Bear Picnic Day - July 10

- Celebrating Teddy Bear Picnic Day: [click here](#)
- Teddy Bears Picnic - sung by Anne Murray: [click here](#)
- Teddy Bear Picnic Ideas: [click here](#)



## World Population Day - July 11

- United Nations: [click here](#)
- What is World Population Day: [click here](#)

## Fort Erie Friendship Festival - July 12-15

- Event Description: [click here](#)

## Canada Parks Day - July 15

- What is Canada Parks Day: [click here](#)
- Plant a seed & see what grows foundation - Celebrating Canada's Parks Day: [click here](#)

## World Emoji Day - July 18

- Celebrating world emoji day: [click here](#)
- 20 emoji crafts for kids and teens: [click here](#)
- The history of world emoji day video: [click here](#)

## World Grandparents and Elderly Persons Day - July 23

- All about: [click here](#)

## International Self-Care Day - July 24

- All about Self-Care Day: [click here](#)
- Selfcare website: [click here](#)
- A guide to Practicing Self-Care with Mindfulness: [click here](#)
- Devereux Centre for Resilient Children - Talking Self-Love video series: [click here](#)

## International Friendship Day - July 30

- All About International Friendship Day: [click here](#)
- Harvard Medical School - Can relationships boost longevity? [click here](#)
- Buddy Benches: [click here](#)
- Twinkl - friendship activities: [click here](#)
- International friendship activities for preschoolers: [click here](#)



## August Highlights

### National Peach Month

- Peach Picking Spots in Ontario: [click here](#)
- Peach Picking in Niagara: [click here](#)
- Interesting Facts About Peaches: [click here](#)
- 5 Recipes to Celebrate National Peach Month: [click here](#)

### National Sandwich Month

- 31 Sandwich Ideas: [click here](#)
- Teaching Kids to Make Sandwiches: [click here](#)

### National Play Day - August 2

- IPA Canada: [click here](#)
- Guide to Hosting a Play Day: [click here](#)

### International Youth Day - August 12

- United Nations: [click here](#)

### Tell a Joke Day - August 16

- 15 Hilarious Kids (by kids, for kids): [click here](#)
- How to Tell a Funny Joke: [click here](#)
- Laughter is the Best Medicine: [click here](#)
- 100 Kids Tell a Joke: [click here](#)

### World Humanitarian Day - August 19

- United Nations: [click here](#)

### National Radio Day - August 20

- Overview: [click here](#)
- 12 World Radio Day Activities to do with Kids: [click here](#)
- Pinterest Ideas: [click here](#)



## Early Learning Podcasts, Videos and Websites

- Kids Up Front - Remember the Joy of Being a Kid: [click here](#)
- DCRC - Creating a Learning Environment that Promotes Resilience Blog: [click here](#)
- Forcing Young Children to Say "I'm Sorry" Teaches Them a Lesson We Don't Want Them to Learn: [click here](#)
- Strategies for Internal and External Challenging Behaviours: [click here](#)
- Devereux Center for Resilient Children - Understanding the Science of Resiliency webinar: [click here](#)
- Housman Institute Webinar - Children's Books to Support Social and Emotional Learning: [click here](#)
- The Cult of Pedagogy - Social-emotional Learning Not Just for Kids: [click here](#)
- Inspired Child - Sing with us Videos with Signing: [click here](#)
- Housman Institute Blog - Challenges & Advice from ECSEL Educators: [click here](#)
- Silky Smooth Play Dough Recipe: [click here](#)
- 50 Sensory Activities for 1-year-olds: [click here](#)

## Diversity and Inclusion

- Equity for Young Dual Language Learners - Recommendations & Resources: [click here](#)
- 4 Things You Can Do to Commit to Anti-Racism: [click here](#)
- The Cult of Pedagogy Podcasts - Uncovering your Implicit Biases: [click here](#)
- Getting off to a Good Start - Positive Interactions with Diverse Families: [click here](#)
- Strategies for Success in Local Early Childhood Parent Outreach Activities Among Diverse Cultures: [click here](#)
- Project Implicit - Take the Implicit Bias Test: [click here](#)



## Health, Wellness and Safety

- Coronavirus Disease (COVID-19) Updates for Canada: [click here](#)
- Public Health Ontario - COVID-19 Communication Resources: [click here](#)
- COVID-19 Resources Ontario: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)
- College of Early Childhood Educators COVID-19 Updates: [click here](#)
- Roots of Empathy – COVID-19 Resources: [click here](#)
- Mindful Schools Podcast: [click here](#)
- Public Health Ontario: Parental Support Behaviours for Child Physical Activity, Healthy Eating and Screen Time: [click here](#)
- Kids Up Front - DIY Glitter Jars & Stress Balls: [click here](#)
- Kids Up Front - Yoga for Stress: [click here](#)
- Recognize Stress, Tackle it, and Feel in Greater Control of Your Life! [click here](#)

## Outdoor Activities & Resources

- Smokey the Bear - Wildfire Safety Campfire Safety: [click here](#)
- CWF - Native Plant Encyclopedia: [click here](#)
- Run Wild My Child - Exploring Tide Pools with Children: [click here](#)
- Active for Life - Fun Water Activities to Keep Cool on Hot Summer Days: [click here](#)
- Devereux Center for Resilient Children Summer Strategies Video - Promoting Resilience in Young Children Outdoors: [click here](#)



## For School Aged

- Kids Up Front - Tie-dying for Beginners: [click here](#)
- Kids Up Front - Graffiti Beginners Basics: [click here](#)
- Kids Up Front - Macrame Wall Hanging: [click here](#)
- CWF - Pop Bottle Composter: [click here](#)
- Active for Life - 1 Piece of Chalk, 8 Active Games: [click here](#)
- Run Wild My Child - Seashell Crafts for Kids: [click here](#)
- Active for Life - 8 Weeks of Fun Summer Activity Plans for Kids: [click here](#)
- Active for Life - 11 Simple Outdoors Game Ideas for Kids: [click here](#)
- Summer Daily Discovery Series 2023: [click here](#)
- The Genius of Play Summer Playbook: [click here](#)
- Steam Powered Family - How to Make a Magnifying Glass: [click here](#)

## Small Business Resources

- 7 Tips to Improve Diversity, Equity, & Inclusion in Small Businesses: [click here](#)
- How to Retain Your Non-profit Staff with this Key Leadership Style: [click here](#)
- Email 101 - How to Create Effective Email Fundraising Appeals: [click here](#)
- CCOHS Newsletter: [click here](#)

## Uplifting Stories

- Recued Duckling Raised by Couple Returns to Their Home 6 Months Later - With 11 Chicks: [click here](#)
- NASA Unveils an X-Plane They Hope Will Save Earth: [click here](#)
- Niagara Region Looking to Make Purchases in Socially Responsible Way: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.



early childhood community development centre



## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold.**
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem page, the new issue will be released in late summer. [Click here](#) for a catalogue of customized offerings.